

# Telehealth Outreach Program

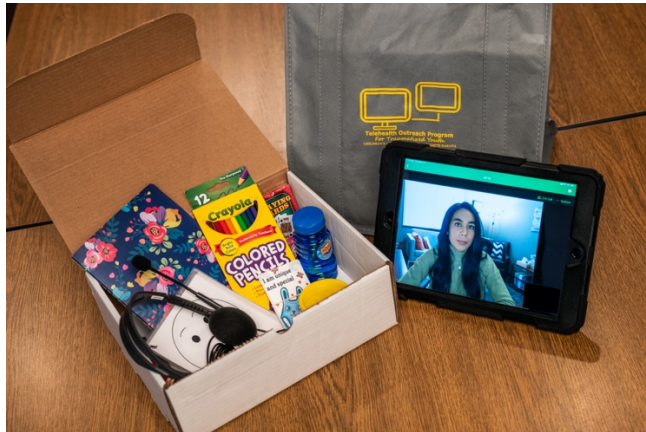
## *For Traumatized Youth*



**CHILDREN'S  
ADVOCACY  
CENTERS**  
OF NORTH DAKOTA

## Telehealth Boxes

These boxes are mailed to families and schools for the child to have a box of supplies to assist therapy remain interactive.



### 7-9 Age Box (Cost est. \$10)

1. 10 pack of fat Crayola markers washable
2. 2 mechanical pencils
3. 20 pages of white paper cardstock
4. 1 deck of playing cards
5. 2 balloons
6. 1 container of play-dough
8. 1 container of silly putty
9. Bubbles
10. Feeling SUDS scale
11. Positive Affirmation cards-10 cards-make and print cost
12. PMR cards-make and print
13. Box
14. 3 6x9 Envelopes and stickers



**10-12 Age Box (Cost est. \$15)**

1. 10 pack of thin Crayola markers washable
2. 2 mechanical pencils
3. 20 pages of white paper cardstock
4. 1 deck of playing cards
5. 2 balloons
6. 1 container of play-dough
7. 1 bottle of bubbles
8. 1 container of silly putty
9. 12 pack of crayola colored pencils
10. 2 pens
11. Journal
12. Feeling SUDS scale
13. Positive Affirmation cards-10 cards-make and print cost
14. PMR cards- make and print
15. Box
16. 3 6x9 Envelopes and stickers

**13-18 Box (Cost est. \$12)**

1. 24 pack of crayola colored pencils
2. 2 mechanical pencils
3. 20 pages of white paper cardstock
4. 1 deck of playing cards
6. 1 container of play-dough
7. 1 bottle of bubbles
8. 1 container of silly putty
9. 12 pack gel pens
10. 2 pens
11. Journal
12. 1 Coloring book for teens
13. Feeling SUDS scale
15. Positive Affirmation cards-10 cards-make and print cost
16. PMR cards- make and print
17. Box
18. 3 6x9 Envelopes and stickers