

# Be a hero. Spot the signs of abuse.

Learn these 10 signs of child abuse and make the report.  
**You may be the only one who will.**

1. Unexplained injuries
2. Changes in behavior
3. Returning to earlier behaviors
4. Fear of going home
5. Changes in eating
6. Changes in sleeping
7. Changes in school performance and attendance
8. Lack of personal care or hygiene
9. Risk-taking behaviors
10. Inappropriate sexual behaviors



**National  
Children's  
Alliance®**

*The Force Behind  
Children's Advocacy Centers*

**Do something about it.**

**#ItsYourBusiness**

*[nationalchildrensalliance.org/iyb](http://nationalchildrensalliance.org/iyb)*