



We invite You

TO APPLY TO BECOME A

PSB-CBT Within-Agency Trainer

[Applications](#) are now being accepted for the Fall 2022 training year.

Definition

Within-Agency Trainers are individuals who have satisfactorily completed specialized training in the instruction and supervision of therapists in the PSB-CBT treatment model in which they were trained. They can provide training *within* the sponsoring agency to therapists employed or selected by the Agency (e.g., practicum student, intern).

Eligibility

- 1 - Read the Within-Agency Trainer Requirements for complete details.
- 2 - Complete PSB-CBT Within-Agency Application, including submitting an Agency Leadership Letter of Recommendation.
- 3 - Submit recordings for fidelity monitoring co-coding.

Cost

- \$2,750 (first candidate from single site)
\$1,750 (second candidate from same site)



Questions: OU-YPSB@ouhsc.edu

OU Problematic Sexual Behavior – Cognitive-Behavioral Therapy Program Fidelity Requirements for Therapists

Providers seeking to become certified to implement PSB-CBT must meet the following training and consultation requirements for the school-age model. Through this process, providers implementing the group modality will need to complete requirements for both youth and caregiver groups. Completion of these requirements and fidelity in the school-age group or family modality is determined by the PSB-CBT Master Trainers, or Approved Trainer.

Training, including fidelity modality requirements include:

1. Completion of the full exploration of PSB fit-to-agency process as demonstrated by completion of the OUHSC PSB-CBT Program Organizational Assessment and Agency Application after the community has self-evaluated readiness.
2. Completion of all required readings and pre-work assignments resulting from review of the exploration phase materials.
3. Attendance and active participation in a PSB-CBT intensive clinical training approved by the OU PSB-CBT T/TA Program.
4. Completion of at least one-year (12-months) of experience conducting PSB-CBT treatment with a minimum of four families (e.g., caregiver and youth) in group modality, or six-months with a minimum of two families in the family modality through completion.
5. Implementation of the PSB-CBT model per the treatment curriculum and with appropriate conceptualization of youth with PSB.
6. Active participation in consultation calls, at minimum 80% attendance, facilitated by an OU PSB-CBT Approved Trainer until fidelity to the model has been met. "Actively participated" means, at a minimum, directly involved in consultation discussion, regularly sending recorded sessions to a Master Trainer for fidelity monitoring, and evidence of application of feedback from consultation by a PSB-CBT Approved Trainer.
7. Regularly submit recordings of PSB-CBT sessions for fidelity monitoring by a Master Trainer or Approved Trainer. Clinicians are encouraged to review own recordings using the OU PSB-CBT fidelity monitoring forms to evaluate their own performance.
8. Demonstrate competence in assessing PSB families' progress in treatment using clinical judgement and the CSBI (and other standardized measures) to make appropriate decisions about completion of PSB-CBT treatment services.
9. Upon successful completion, clinician must agree to continue to implement the OU-PSB-CBT model(s) with fidelity and adhere to administrative decisions from OU PSB-CBT T/TA Program regarding the OU PSB-CBT model. Meeting the above requirements is the first step to becoming a Within-Agency Trainer